



## Spiritual Studies Institute

### **ESOTERIC HEALING SERIES 2010** **ESOTERIC HEALING PROTOCOL FOR A HEALING SESSION**

*We honor and thank all who came before us,  
all teachers, from whom we have learned and who have  
been there for us with infinite patience, love, and wisdom.*

---

Please note: This is a general outline for a one-to-one treatment session in physical reality. It is intended only for practice purposes of participants in the intermediate esoteric healing class of the Spiritual Studies Institute.

If possible, before the healing session the healer meditates, reviews the healee's file and reflects upon the healee and the complaint.

#### **Moments before the healer meets the patient in person**

The healer aligns one's centers, integrates personality and aligns it with soul. The healer visualizes the entire lower nature as being gathered up into the consciousness of soul. The healer senses oneself being stabilized in the soul consciousness in addition to the "here and now" at a higher and wider identification. On the soul level, the healer fuses with the healing group and establishes the following etheric triangles:

- o Christ (or any other divine entity) – Healer's soul – Healee's soul
- o Hierarchy – Soul of Esoteric Healing Group – New Group of World Servers
- o Hierarchy – Soul of Esoteric Healing Group – Soul of Humanity.

#### **The healer meets the healee in person**

The suggestions below are in addition to the professional, conventional assessments and treatments. All five senses and their corresponding esoteric counterparts can be used for the initial assessment of the healee. The following suggestions relate only to etheric vision focusing on the etheric body.

#### **Assess etheric body of healee for the following**

1. Is healee anchored in the etheric body?
2. Degree of soul influence, degree of light in the head;
3. Degree of building of *antahkarana*;
4. Relationship of centers above diaphragm to those below, which is an indication of the point of evolution of healee;
5. Consciousness of healee: evolution – aspiration – probation – discipleship;
6. Condition of centers in general;
7. Condition of center where the complaint originates;

[group learning](#) • [self-discovery](#) • [spiritual transformation](#)

8. Possibility of loss of sense of physical reality;
9. Possibility of loss of physical life. (EH, 538)

After the above assessment has been completed, the healer makes a decision whether or not one is competent to treat the healee. If the answer is "no," the healee must be referred to another competent healer. If answer is "yes" proceed as follows:

The healer establishes one of the following two healing triangles in one's own energy field. The choice of triangle depends upon the extent of soul connection of the healee and choice of esoteric healing method, magnetic and/or radiatory.

### **Magnetic healing triangle**

1. Establish Higher Triangle: Christ (or any other divine entity) – healer's soul - healee's soul.
2. Establish magnetic triangle: Healer's soul – healer's heart center behind shoulder blades – healer's etheric brain – etheric hands (palms facing toward healee). The healer can use the breath to let soul energy flow into oneself and apply it focused but gentle via the ajna center to the center of difficulty. The healer always is allowing, never forcing or willing the healing.
3. Healer follows the protocol of magnetic healing: Prana or vitality will stream out toward the healee's aura and is accepted and absorbed. For a short moment the auras of healer and healee mingle, and the healee's soul will do the healing (not the healer).
4. The healer closes triangles in the reverse manner and silently, within one's heart, offers thanks for the opportunity to serve.

### **Radiatory healing triangle**

In order to use these triangles safely, the healee must have some soul connection.

1. Establish Higher Triangle: Christ (or any other divine entity) – healer's soul - healee's soul.
2. Establish Radiatory Triangle: Healer's soul - Etheric brain of healer – Heart center of healer – Aura of healer.
3. Healer follows the protocol of radiatory healing. Auras of healer and healee will mingle. Healee's soul will do the healing.
4. The healer closes triangles in reverse manner and silently within one's heart, offers thanks for the opportunity to serve.

### **After the session with the healee**

The healer reflects and/or meditates on the soul level about the healing session, asking oneself in one or two sentences: "What was the essence of the encounter? What was communicated spiritually?"

### **References**

- Bailey, A. A. (1942). *Esoteric psychology II*. New York: Lucis Publishing.
- Bailey, A. A. (1953). *Esoteric healing* (16th ed.). New York: Lucis Publishing.

Disclaimer: The information in these documents is not intended to diagnose, treat, cure, or prevent any disease or illness. They are presented for educational purposes only. Disease and health are not examined from a physiological and scientific point of view, but explore them within the framework of esoteric philosophy. Matters of personal health should be under the direction of a personal physician or skilled care provider. A single copy of these materials may be reprinted for noncommercial personal use only.

© 2010 Spiritual Studies Institute.  
All Rights Reserved

## ESOTERIC HEALING SERIES

### APPENDIX E

#### Additional Questions Healers may ask Themselves About the Healee

##### 1. QUESTIONS RELATED TO RAY MAKE-UP

- What is the ray make-up of the healee?
- Which of these ray energies at the present time are most dominant? Through which body are they focused?
- Which of these energies are wrestling against the forced dominance, mentioned above? These can be either:
  - o Varying aspects of the same energy within their own specific field;
  - o Higher energies, which are attempting to control the lower energies and therefore indicate a cleavage in the healee's nature.
  - o The energy of the fusion process itself, which unifies the lower energies into one functioning, integrated personality.
  - o The adjustment of the bridging process between the two major energies, resulting in "at-one-ment" of soul and personality. (EPII, 445)
- What evolutionary stage is the healee in?  
Evolution – aspiration – probation – discipleship?
- What individual life phase in years is healee in?  
Circle one: 1-7, 7-14, 14-21, 21-28, 28-35, 35-42, 42-48, 48-56, 56-63, 63-70 years and over.
- What and when occurred major life crisis and how has the healee handled them?
- What are the patient's dominant ways of dealing with unconscious content of his personality? Projections, denial, rationalization, intellectualization, paranoia, other?
- What are the major plans, aspirations, and dreams? Which ones has the healee been able to realize?

##### 2. QUESTIONS ABOUT THE CONDITION OF CENTERS

- Which are dominant and functioning centers?  
What centers are:
  - o Opened and to what %
  - o Functioning
  - o Congested
  - o Sluggish
  - o Closed?

##### 3. QUESTIONS ABOUT THE PERSONALITY

- Rate of Vibration:           sluggish           slow           medium           high
- Aroma:                       sweet           fresh           clean
- stagnant       polluted       stinking
- Soul influence:           absent       weak       medium       strong
- Radiation:               absent       weak       medium       strong
- Integration of the three bodies: mental, emotional, physical/etheric, estimate from 1 to 100%.

##### 4. QUESTIONS ABOUT HABITUAL REACTION TO STRESS

- Depersonalization

- Fragmentation
- Regression
- Withdrawal
- Helplessness
- Anger (expressed – repressed - projected)
- Shutdown
- Projections
- Other?

#### 5. QUESTIONS ABOUT THE MENTAL BODY

- Habitual thought pattern
- Topics of speech
- Uncompleted thought forms
- Fixed ideas
- Illusions
- Hallucinations
- Religious preoccupation?

#### 6. QUESTIONS ABOUT THE EMOTIONAL BODY

- Overall mood
- Egocentric – altruistic
- Emotional instability that renders the emotional body at times polarized or/and nonfunctioning
  - o Anger – Rage
  - o Fear
  - o Helplessness
  - o Despair?

#### 7. QUESTIONS ABOUT THE ETHERIC BODY

- Vitality:                weak                normal                strong
- Devitalization:    1-100%            what center/s?
- Congestion:        what center/s?
- Magnetism:        absent            weak                medium            strong

#### 8. QUESTIONS ABOUT THE PHYSICAL BODY

- Skeletal structure
- Deformity
- Condition of bones
- Condition of spine
- Nerve system
- Glandular system
- Major organ system
- What organ/s causing distress?
- Other?

Disclaimer: The information in these documents is not intended to diagnose, treat, cure, or prevent any disease or illness. They are presented for educational purposes only. Disease and health are not examined from a physiological and scientific point of view, but explore them within the framework of esoteric philosophy. Matters of personal health should be under the direction of a personal physician or skilled care provider. A single copy of these materials may be reprinted for noncommercial personal use only.