



Spiritual Studies Institute

**PROTOCOL**  
**FOR CONSCIOUS CO-CREATION IN ESOTERIC HEALING**  
**While Assisting a Healee Undergoing a Medical Procedure or Surgery**

*We honor and thank all who came before us,  
all teachers, from whom we have learned and who have  
been there for us with infinite patience, love, and wisdom.*

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Introduction

1. Pre-Medical Procedure/Surgery
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Introduction

KEY THOUGHTS

- Permission of the healee
- Importance of both, contact and release
- Protocol simplified and/or expanded

Please note, in order to follow the protocol, we need the permission of the healee to meditate for a favorable outcome. The outline can be simplified, shortened, or expanded depending on the need at hand. However, any entities contacted need to be released at the end. The protocol has three parts. Using a metaphor, it is like a play on the stage of life: First, setting the stage, second, the play itself, and third, the applause and the ending.

1. Pre-Medical Procedure/Surgery
  - 1.1 Preparation

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<sup>1</sup> For definitions of terms please refer to the glossary

## KEY THOUGHTS

- o Appropriate boundaries
- o Protection for both, healee and healer<sup>2</sup>
- o Work as member of healing group
- o Triangle<sup>3</sup> work<sup>4</sup>

It is important from the start for us healers to ensure appropriate boundaries, safety, and protection from adverse effects. This can be done in the following way: After alignment, soul identification, and fusing with the group soul of a healing group, the following triangles of golden light should be established within our etheric field.

First, we will establish the Higher Triangles, which are:

- o Group Soul – the Hierarchy – the New Group of World Servers
- o Group Soul – Hierarchy – Soul of Humanity

The next triangle will protect us healers from possible glamour of thinking it is us who is healing others. The negative current of this glamour can set up a flow so that we could take on the symptoms, not the disease itself, of the healee (EH, 556). The triangle uses the love found within the heart, directs it to the head center, and from here, it is sent to the energy field of the healee.

It is followed by the triangle for healers using the Ajna Center, which will direct the force:

- o Heart Center – Head Center - Healee
- o Soul – Heart Center – Ajna Center

## 1.2 Establishing Alliance

### KEY THOUGHTS

- o Container for healing
- o Alliance with the Deva (Angel) and Soul Kingdom
- o Funnel or cone for beneficial healing energies

To support and assist the healee during the surgical process in the best possible manner, we are establishing an alliance with the Deva (Angel) and Soul Kingdom. We are doing so through invocation. Using the mind, we are creating a funnel or cone through which we are calling upon and connecting with different beneficial entities (Small Wright, 2006) in the following way:

### **Conscious Co-Creation for Esoteric Healing, part I:**

We collect ourselves, gather our energies, and align with soul.

Using the mind, we proceed in a one-pointed and dynamical way.

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<sup>2</sup> For a definition of healer, please refer to the glossary

<sup>3</sup> For a definition of triangle, please refer to the glossary

<sup>4</sup> For some thoughts on working with triangles, please refer to the Appendix

We will only proceed to the next stage, if we can "sense" a connection for the purpose of the intended alliance. It can take approximately 1 to 5 seconds.

1. We call upon the Overlighting Deva of Healing, planet Earth, solar system ... and connect.
2. We call upon the Deva of all groups of esoteric healers, planet Earth, Solar System ... and connect.
3. We call upon the Deva of the Spiritual Studies Institute ... and connect.
4. We call upon the Deva of the Esoteric Healing Group...and connect.
5. We call upon the Deva of the city (name of city where the procedure is performed) planet Earth, Solar System, and connect.
6. We call upon the Deva of the particular office building and suite (address and suite number where the procedure is performed) ... and connect.
7. We call upon the Deva of the physician/s (name/s of who will perform the surgery) ... and connect.
8. We call upon the Deva of the assistant/s (name/s) to the physician/s ... and connect.
9. We call upon the Deva of the healee (name) ... and connect.
10. We call upon the Soul of the healee (name) ... and connect.
11. We call upon the Soul of the assistants to the physician/s (name/s) ... and connect.
12. We call upon the Soul of the physician/s (name/s of who will perform the surgery) ... and connect.
13. We call upon the Soul of the particular office building and suite (address and suite number where the procedure is performed) ... and connect.
14. We call upon the Soul of the city (name of city where the procedure is performed), planet Earth ... and connect.
15. We call upon the Soul of the Esoteric Healing Group ... and connect.
16. We call upon the Soul of the Spiritual Studies Institute ... and connect
17. We call upon the Hierarchy, Department Esoteric Healing ... and connect.
18. We call upon Christ, center of the Hierarchy ... and connect.

We greet all entities we have invoked by saying;

*For the duration of the pre-medical procedure/ surgery, medical procedure/ surgery proper, and post-medical procedure/ surgery we welcome each of you. Thank you for responding and being here.*

Now that we have set the container for healing, we proceed by preparing the physical body of the healee for the coming medical procedure.

### 1.3. Dialog with Physical/Etheric Body of Healee

## KEY THOUGHTS

- o Factual concrete language

It has been demonstrated that the outcome of a medical procedure/ surgery is more positive, if the physical/ etheric body of the healee is informed directly in advance of what will be happening.

This could be done through a dialog with the physical/ etheric body of the healee the following way: Identified with Soul and using the imagination, we are talking to the body of the healee with the intention to prepare it for the medical procedure/ surgery. It can be done on location with the body or at a distance. We are assuming the attitude as if we would talk to a very young child or a pet. It is important that we talk in simple, concrete language with intermittent pauses. We are always staying with the facts and are truthful. We can do this silently or with a soft voice.

For instance, we could say:

*"On ... (date) at ... (Location) you will have a medical procedure/ surgery with doctor/s ... (Name/s).*

*It will be the following. (We explain concretely what will be happening).*

*This might be intrusive, painful, scary, or maybe even threatening ...*

*And this is okay ...*

*However, ... there is nothing to fear, ...*

*Because you will be in the hands of well-trained, experienced professionals,...*

*And an invisible team of protective, healing angels and souls will surround you ...*

*In addition, ... I, in meditation, ... will hold and maintain the healing space for you...*

*And ... because you know deep down, ...*

*It is love, which makes all things whole ...*

Please remember, even though we are addressing ourselves to the physical/ etheric body, our language will be processed by the concrete mind, which needs to be addressed in a clear concrete way. A pause of approximately one breath is indicated by `...'.

## 2. Medical Procedure/Surgery

### KEY THOUGHTS

- o Holding and maintaining the healing space
- o Intention setting according to the will of soul
- o Triangle work of golden light

During the time of the medical procedure/surgery proper, we are going into meditation. We are holding and maintaining the healing space for the healee, the visible and invisible team. We always work as a member of a healing group, identified with its Group Soul, connected with the inner Ashram, the Hierarchy, and Shambal|a. We state our intention for the best possible outcome according to the will of soul.

We are aligning ourselves with the soul of the healee and with each soul of the entire professional team.

For our own protection and good working conditions, again we visualize the following triangles of golden light within our etheric body:

- o Group Soul – the Hierarchy – the New Group of World Servers
- o Group Soul – Hierarchy – Soul of Humanity
- o Heart Center – Head Center - Healee
- o Soul – Heart Center – Ajna Center

If the healee is in contact with soul and is spiritually oriented we can put the following two triangles into the etheric field of the healee. It is done from behind the healee, because these major centers are situated outside the etheric spine at the back of the healee.

The first triangle is called the Spleen Triangle. It is located between the Spleen—the organ of physical vitality coming from the sun, the Sacral Center—the predisposing agent towards physical generation, and the Base Center—the seat of life-giving principle, the will-to-live, affecting all parts of the physical/etheric body.

- o Spleen Center – Sacral Center – Base Center (EH, 73, 177, 335)

After this triangle is established, we may add the second one, the Triangle of Immortality. It reflects the Spleen Triangle on a higher level. It establishes the relations between matter and spirit, the survival of the subtle bodies after death, the principle of immortality, and the instinct for self-preservation. It consists of

- o Throat Center – Pituitary Body – Pineal Gland (EH, 177-178)

To insure the best support possible for the healee, we are renewing the alliance with the Deva and Soul Kingdom by repeating the *Conscious Co-Creation for Esoteric Healing, part I*.

We are holding the intention for life, love, and healing for the healee with unwavering focus and clear impersonality during the entire time of the procedure. We are filling the entire medical procedure/ surgery room with its power.

### 3. Post-Medical Procedure/Surgery

#### KEY THOUGHTS

- o Thanks to and dialog with physical/etheric body
- o Importance of poise and positiveness of healer
- o Ending the alliance
- o Protection of healee by a sphere of pure white light
- o Invocation and blessing

### 3.1 Dialog with Physical/Etheric Body of Healee

As soon as the healee wakes up from the effects of the anesthetics, we are addressing the physical/etheric body of the healee again, thanking it for its bravery and poise during the procedure, and preparing it for the coming healing process. This can be done silently or in a whisper. We always speak in a simple, positive language.

### 3.2 Draining any Residues of Surgical Medication from Healee

After the healee wakes up the draining out of any residues of the surgical medication needs to be done as soon as possible. These medications have accomplished their purpose and might now adversely affect the consciousness and health of the healee. We need to keep in mind the importance and significance to stay poised and positive during the entire protocol, especially during the draining of the residues of the medications.

The process of "draining out" is best performed on location in the following way:

*We align and identify ourselves with soul. As a member of a healing group, using our mind and imagination we reach with our right hand deeply into the body of the healee. While inhaling we imagine the residue of the medication flowing out from the healee through our hand and underarm. While exhaling we are imagining the forces, which are not needed anymore, flowing out through the elbow like a waterfall, hitting the ground, and being absorbed and recycled by the Earth.*

After the healee has gathered some strength, the time has come to disconnect from the healing team utilizing the *Conscious Co-Creation for Esoteric Healing, part II*, described next.

### 3.3 Ending the Alliance

We quietly thank the entire visible and invisible healing team for its service.

We end the alliance with the Deva and Soul Kingdom following the protocol outlined. We will only continue to the next stage, if we can "sense" a disconnection from the specific alliance.

### **Conscious Co-Creation for Esoteric Healing, part II:**

*We thank each of you for being present with us during the medical procedure/surgery.*

1. We reconnect with Christ, center of the Hierarchy ... and disconnect this specific alliance.
2. We reconnect with the Hierarchy, Department Esoteric Healing ... and disconnect this specific alliance.
3. We reconnect with the Soul of the Spiritual Studies Institute ... and disconnect this specific alliance.
4. We reconnect with the Soul of the Esoteric Healing Group ...and disconnect this specific alliance.
5. We reconnect with the Soul of the city (name of city where the procedure is performed), planet Earth ... and disconnect this specific alliance.

6. We reconnect with the Soul of the particular office building and suite (address and suite number) ... and disconnect this specific alliance.
7. We reconnect with the Soul of the physician/s (name/s who did perform the surgery ... and disconnect this specific alliance.
8. We reconnect with the Soul of the assistant/s to the physician/s (name) ... and disconnect this specific alliance.
9. We reconnect with the Soul of the healee (name) ... and disconnect this specific alliance.
10. We reconnect with the Deva of the healee (name) ... and disconnect this specific alliance.
11. We reconnect with the Deva of the assistant/s to the physician/s (name) ... and disconnect this specific alliance.
12. We reconnect with the Deva of the physician/s (name) ... and disconnect this specific alliance.
13. We reconnect with the Deva of the particular office building and suite (address and suite number where the procedure was performed) ... and disconnect this specific alliance.
14. We reconnect with the Deva of the city (name of city where the procedure is performed), planet Earth ... and disconnect this specific alliance.
15. We reconnect with the Deva of the Esoteric Healing Group ... and disconnect this specific alliance.
16. We reconnect with the Deva of the Spiritual Studies Institute ... and disconnect this specific alliance.
17. We reconnect with the Deva of all groups of esoteric healers, planet Earth, Solar System ... and disconnect this specific alliance.
18. We reconnect with the Overlighting Deva of Healing, planet Earth, Solar System ... and disconnect this specific alliance.

*We thank for the opportunity to serve.  
We sound a threefold OM.*

### 3.4 Closing

When the time has come to bring to an end the conscious co-creative relationship, we visualize the healee in a sphere of radiant, pure white light. Using our hands, we start with the feet, moving upwards slowly, as we intend to seal and protect the healee from any future adverse forces. This is not isolating but strengthening, providing a filter for discrimination and discernment. To use a metaphor—on a higher level—it is similar to the protecting outer wall of a single biological cell, which is able to welcome and let in the life-giving substances and at the same time reject waste and toxins. When our hands reach the top of the head of the healee, index fingers and thumbs touching, palms facing downwards above the head of healee, we visualize (according to the soul's will) divine love and divine activity pouring into the head center. In closing, we may silently or softly say a blessing, maybe something like the following.

*According to the soul's will,  
 May you be blessed, ... (name of healee)  
 May this healing energy radiate upon you, ... (name of healee)  
 Permeate every part of your body – healing, soothing, and  
 strengthening.  
 And dissipating all that hinders service and good health.  
 (adapted from EH, 105)*

*We thank for the opportunity to serve.*

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## **ESOTERIC HEALING SERIES**

### **APPENDIX J**

#### **Some Thoughts about the Science of Triangles**

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#### **How do We Understand Triangles in Esoteric Healing?**

The symbol of the triangle is of esoteric significance. It can be arranged in many ways and all arrangements have to be visually, practically, intuitionally and factually mastered by the esoteric healer (DNA II, 133-134). The triangle is the basic building block of substance within the entire etheric web of our solar system. Everywhere, triangles of energy and forces are interlocking, constantly shifting and moving, and transmitting.

Each point of the outer appearance of the triangle has a different polarity:

- o one is positive and dynamic
- o one is negative, receptive and evocative
- o one is neutral and synthesizing

Symbolically, the triangle can be understood as standing for the spiritual triplicity of:

- o the Ashram providing will, purpose and strength
- o the soul on its own plane radiating love and wisdom
- o the disciple or esoteric healer upon the physical plane (DNA II, 133-134)

As above so below—a network of triangles also holds the physical/etheric body of us humans together. The physical body itself is an automaton. It receives its impulse from and is vitalized by the etheric body. Therefore, we esoteric healers must focus mainly on the etheric body. We know health and disease of the physical body depends upon the uninhibited energy flow of the etheric body (DNA II, 20-21, also see Law One of Esoteric Healing, EH, 133). One way of achieving the free flow of the energy within the etheric body is brought about with triangles.

#### **How do we Use Triangles in Esoteric Healing?**

Triangle work involves the following:

- o placing the attention and focusing
- o vitalizing the magnetic field of the triangle spiritually
- o directing and distributing the generated vital radiance. (EH, 582)

How are we going to do this precisely? While using the mind and through an act of visualization, we are placing the pre-selected points of the respective triangle within the etheric field of the healee (major centers are situated outside the etheric spine at the back of the healee and, therefore, we are working most often from behind the healee). Beginning esoteric healers visualize the three points of the triangle—one after the other—starting with the highest point (if not indicated otherwise) within the

etheric field and connecting them with lines of living light. Intermediate esoteric healers visualize the triangle as a whole, all three points connected by lines of living light. The triangle— once placed and vitalized—will rotate multi-dimensionally on its own. No extra force initiated by the esoteric healer is needed. To the sight of the advanced esoteric healer, the triangle appears as a radiant conduit of living fire.

For more information about the Science of Triangles, please refer to EA, 459-465.

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