



Spiritual Studies Institute

ESOTERIC HEALING SERIES

Learning Objectives

*We honor and thank all who came before us,
all teachers from whom we have learned and who have
been there for us with infinite patience, love, and wisdom.*

Learning Objectives

KEY THOUGHTS

- o Thanks and honor to the medical profession
- o Objective and/or subjective approach to disease
- o Intuition – triadal consciousness
- o Meaningful impressions
- o Law of essential integrity – road map to good health
- o Focused intention of a united group of healers
- o Law of cause and effect
- o Direct perceptions of the inner levels of life
- o Focused expansive pattern of the mind
- o Soul and/or personality love
- o Conscious work with the energies of love, intuition, and mind

The present program thanks and honors especially the medical profession, which in the last century has helped to lessen human suffering, often through personal sacrifice and selfless service. Until today, the objective, evidence-based research of the medical profession in diagnosing and treating illness has opened the door to a deeper understanding and lessening of ill health.

This understanding could be augmented, when, for instance, the objective approach of the past is expanded through means of esoteric healing. The more subjective approach of this discipline could be included and added by studying life patterns, and assisting in finding cause and meaning of ill health. To be able to do this, however, we must be more encompassing, include the subtle world of energies, and most importantly, include that which we call the higher self or soul.

In addition to rigorous academic, clinical training, and the use of medical technology, a committed personal preparation is required of esoteric healers to be able to attune oneself to these worlds of energies. First, we must know, direct, and control these energies within ourselves before we can apply them in healing work. Everything we do must be based on direct perception and knowledge of the inner levels of life. Furthermore, we must function consciously as a soul, taking full responsibility for what we do.

A very first step is the exploration of—and first tentative attempt to work with—the etheric and emotional energies and to a lesser degree with the mental energies. This is what the present program attempts to do. Esoteric philosophy of the East as taught by Buddha, elucidated in “Esoteric Healing” by A. A. Bailey, is used in addition to philosophies of the West as lived and taught by Christ and recorded in the New Testament. Everything that is learned will be validated through one’s own life experience.

As students we are invited to question, doubt, and come to our own conclusions. What the program is not: we will not focus exclusively on the physical body and/or on specific medical diagnosis and diseases. Instead, we will concern ourselves with the area in which the disease is found, with its controlling etheric center and its higher correspondence.

The following are the specific learning objectives in the present esoteric healing program.

1. To learn about the causes and meaning of disease examined through the Law of Karma or Law of Cause and Effect.
2. To learn about group healing and how to integrate, to blend with the group, and to realize that we are all One Soul.
3. To learn to work consciously with:
 - o Energy of Love
 - o Energy of Intuition
 - o Energy of Mind
4. To learn about the Law of Essential Integrity through the subsidiary laws of healing, rules, and methods in relation to life, consciousness, and practical application. The following will be explored in detail:
 - o Ten subsidiary Laws of Esoteric Healing
 - o Six rules related to the healer
 - o Seven healing methods according to ray type.

The following will explain the learning objectives in more detail:

The causes, which we will explore in this program, are secondary ones, because the primary causes of ill health and disease are outside the scope of the program.

Finding the meaning of disease by contacting the world of intuition can become an effective additional method of healing. A questionnaire will teach and guide us through this process and assist us in arriving at meaningful impressions about a healee’s specific disease condition and possible intervention.

The Law of Karma or Law of Cause and Effect presumes the acceptance of the continuation of life and of the Law of Reincarnation, namely that we are evolving not only through one but also in groups of lives. Therefore, we will not only examine one individual life, but pattern of lives. We will discover the important role of our mind in this process and in the creation of karma.

We will work as one group to utilize the intensity of the focused intention of many in addition to the protection of the individual esoteric healer. Techniques to integrate into, blend with the group, and yet maintain one’s own individuality will be offered. The realization that the esoteric healer, the healing group, and the one who seeks healing are one is the foundation of the philosophy followed by SSI. Realization of oneness is a valuable healing approach in the subtle world of energies.

It is important to differentiate between soul and personality love. Soul love attracts and produces coherency and quality in the healing process. Christ demonstrated it through good will and "virtue" (EH, 616). Personality love most often has certain expectations attached, which can introduce extraneous factors within the healing process. We will learn to differentiate soul love from other energies such as wisdom, will, life, and especially from what we call "personal love". In addition, we will learn to work with the magnetic and radiatory healing methods.

Intuition can become a bridge to the worlds beyond soul, what is called in esoteric literature "triadal consciousnesses, the world of spirit, of knowing, and of pure reason." When we are able to access triadal consciousness, we will be guided spontaneously by impressions coming from the healee's soul.

We will learn about and work with the elastic, expansive pattern of the mind. We will enjoy its ability to focus with clarity, to invoke soul and shift into higher and more inclusive states of consciousness.

The Law of Essential Integrity includes three major and seven minor laws of healing. For the esoteric healer, they serve as a road map into and through the labyrinth of the daily struggle of ill and/or good health.

In summary, the program provides the opportunity to learn about the Law of Cause and Effect as it relates to ill and/or good health, as a healer to experience oneself as united with a group of healers, and to learn to work consciously with the energies of love, intuition and of the mind – all being guided by the laws of healing.

Focus Questions

1. Do you think that the medical professions with its objective, evidence-based research in diagnosing and treating illness has advanced our understanding and helped to lessen disease? Please Explain.
2. What place has the more subjective approach of esoteric healing in the overall picture of and what could esoteric healing bring to the healing arts? Please be specific.
3. Please describe the specific training and the personal preparation the esoteric healer needs to have.
4. For a very first step, what philosophical framework could be used and with what specific energies could a student tentatively attempt to work?

5. Why do you think, this beginning program is not focusing exclusively on the physical body and/or specific medical diagnosis and diseases?

6. Please explain why through finding meaning in disease by contacting the world of intuition healing can be brought about.

7. Please explain how a specific disease could develop through many lives and what important role the mind might play. Use what you have learned so far in class describing how, for instance, an obsessive-compulsive reaction and/or schizoid reaction, could have developed over several life cycles.

Furthermore, if this condition in the present life is not released, what could perhaps develop in future lives? Please, first describe the general trend and then a specific possibility.

8. How could it be possible to integrate into and blend with a healing group and still maintain one's own individuality?

What are the workings behind it?

Where do you stand in this process of integration and blending into our healing group and still maintain your very own individuality?

9. Why is the mind able to work in an elastic, expansive way?
Why is the mind able to focus with clarity and shift into more inclusive states of consciousness?

10. Please explain the procedure of magnetic healing.

11. Please explain the procedure of radiatory healing.

12. Please do the following for the energies below stated:

- (a) Practice at home the embodiment and expression
- (b) Describe clearly the method you are using
- (c) Get ready to demonstrate to the class the embodiment and expression
 - o Soul love
 - o Personality love
 - o Wisdom
 - o Will
 - o Life

13. Please review the First Law of Healing so that you are able to fully embody it, with other words that it is as if “written into your body” and that it is guiding you through the labyrinth of daily transmutation of the polarities of ill and good health.

Reference:

Bailey, A. A. (1953). *Esoteric healing: A treatise on the seven rays* (Vol. 4, 16th ed.). New York, NY: Lucis Publishing.

Disclaimer: The information in these documents is not intended to diagnose, treat, cure, or prevent any disease or illness. They are presented for educational purposes only. Disease and health are not examined from a physiological and scientific point of view, but explore them within the framework of esoteric philosophy. Matters of personal health should be under the direction of a personal physician or skilled care provider. A single copy of these materials may be reprinted for noncommercial personal use only.